



Parkway North High School

September/
October
2018

Principal's Newsletter

Dear North High Families:

October is upon us and believe it or not, we are almost a third of the way into 1st semester. We have had a very smooth start to the year. Students and staff have both found a rhythm and are working to learn and grow as we continue to find success in the goals we have set for the year. I hope the year has started well for you, and that you and your family have established a routine that breeds success for the new year.

Thanks to all of the families that attended Open House in August. We were excited to welcome you for the 2018-19 school year! Our hope is that you received a brief introduction to your student's teachers, along with information about your student's daily experiences here at North High. We realize this time is brief but look forward to seeing you on October 4 for Parent-Teacher Conferences.

Finally, if you have not attended any fall sports or activities, I strongly encourage you to do so. Our students, coaches and sponsors welcome you with open arms! I would like to challenge students, staff, parents, and the North High community to continue to be involved in activities which I believe help us grow as families. We encourage all of our students to look for the extracurricular activities that work best for them: clubs, athletics, fine art programs, leadership opportunities, service organizations and more. The faculty and staff are looking forward to another great year for our students!

To stay connected, here are a few of the events scheduled the next few weeks at North High:

End of six-week grading period
Parent FAFSA Night
Parent-Teacher Conferences
Homecoming week
Project Parkway @ Central High
Fall play
Districts for fall sports
Trunk or Treat

Sincerely,

Tori Cain

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Special points of interest:

- Alcohol-Free
Party Pledge
- Health Forms
- Yearbook Orders
- PTO / Senior
Bash / Booster
Club

Important PNH Info

Hey, seniors! Be sure to follow @PNH2019 on Twitter this year for the latest news and senior information.

CLASS OF
2019
Senior

Guidance Office

Paul Arthur, 9 th Grade	415.7617
Jamesell Kee, 10 th Grade	415.7616
Anne Kraus, 11 th Grade	415.7618
Chandra Brown, 12 th Grade	415.7619
Christy Wills, College & Career	415.7621
Alyssa Herrera, Social Worker	415.7623
LaToya Barry, Guidance Secretary	415.7615
Guidance Fax	415.7620

Update to Volunteer Procedures

Parents wanting to volunteer at North (or any Parkway school) now have two options to choose from when it comes to volunteer applications.

1. The [general volunteer app](#) is for people who plan to help out where the potential exits for the person to be alone with or around students.
2. The [extended/overnight volunteer app](#) is for individuals planning to attend extended or overnight field trips. ***An FBI fingerprint-based background check is required for these volunteers.***

Volunteers are required to submit a new application each year. For more information on the volunteer process, click the links above.



Administrative Offices

Principal, Tori Cain	415.7601
Secretary, Karen Wood	415.7602
9 th Grade	Jada Bell 415.7609
	Robyn Rennard 415.7610
10 th Grade	Mike Rizzo 415.7605
	Danielle Dixon 415.7606
11 th Grade	Ben Flunker 415.7607
	Marie Jones-Smith 415.7608
12 th Grade	Rhonda Page 415.7603
	Wendi Lucchesi 415.7604

Mark Your Calendar

Professional Development

We will continue to have delayed start and early release days when students will have an adjusted schedule, so that our staff has an opportunity to plan and learn together.

On delayed start days, school begins at 9:35. On early release days, buses will pick up at North at 12:25. Athletes who need to stay for practice will attend a supervised study hall.

Delayed start days

September 26
October 31
November 28
January 30
February 27
March 27
April 24



Early release days (12:25)

October 18
April 2
February 7

PTO Parent-to-Parent Meetings

Mark your calendar for the following Parent-to-Parent meetings, held from 6:00-7:00 pm at North High.

November 19
January 14
April 9

See the enclosed flyer for details on PTO meetings, as well as volunteer opportunities.

Homecoming

We look forward to seeing returning graduates and the celebration activities of North High's Homecoming, which begins the week of October 8. The parade, football game and dance will take place on October 13. Parents interested in chaperoning the dance should email Student Council sponsor Bob McKittrick at bmckitrock@parkwayschools.net.



Picture retake day is scheduled for October 22. Students who did not have their pictures taken in August should do so during ac lab on this day.

If you ordered a picture package but are not satisfied, have your student return the package in order to get a retake.

Seniors who didn't have their pictures taken at Wagner Portrait Group over the summer should also be photographed for the yearbook on October 22.

You're invited to attend **Parent-Teacher Conferences** on October 4 from 3:00-8:00. This is an opportunity to speak with your students' teachers about their academic progress so far this school year. Detailed information on conferences will be sent to parents soon.

Flu Shot Clinic



Flu shots will be available to students on October 23 from 12:00 - 2:00 in the nurse's office. For a list of accepted insurances and information on the two types of flu shots, visit Parkway's [Health Services website](#). You can print out and complete a consent form for your student as well.

The College Corner
Christy Wills, Transition Counselor

FALL COLLEGE PROGRAMS

FAFSA Night

October 11, 7:00pm-8:30pm

PNH Theatre

A representative from financial aid will be in attendance to talk about the new FAFSA, with tips on how to complete the document to ensure the best outcome for your family.

Freshman/Sophomore College Night

October 18, 6:00pm- 7:00pm

PNH Library

Come and learn how and why to make the best of your four years in high school. In addition, we will discuss different types of post-secondary choices, as well as the academic record needed for each one.

If you can't attend the Parkway College Fair at Queeny Park, consider attending the [St. Louis National College Fair](#) on October 21 at St. Louis University's Simon Rec Center, from 1:00 – 4:00 pm.



SENIORS

Ms. Wills will be meeting with seniors in English classes during the week of September 4 to talk about the post-secondary application process.

Ms. Wills wants to meet with every senior before winter break to discuss your plans for life after North High. Stop by Guidance to make an appointment that works with your school schedule. Also, watch for college representatives visiting North! If you are interested in meeting with any of these colleges, be sure to sign up in Naviance and add target schools to "Colleges I'm Thinking About." This will alert you to upcoming college visits prior to the date of the appointment.

JUNIORS

Use your current GPA to help guide your college search, then begin visiting those schools. Questions to ask: cost, location, class size, programs, and available financial aid.

SOPHOMORES

It's not too early to start investigating your options. Use this year to begin answering basic questions:

- How far from home do I want to go?
- What size school do I want to attend?
- Is my current academic record reflecting my goals?

FRESHMEN

Start your high school career on a good note! Believe it or not, seniors apply to college in the fall, meaning that colleges see only the first 3 years of high school when they first evaluate their applicants. Make freshman year a good one!

Guidance

Chandra Brown, Class of 2019

Welcome to your senior year of high school! Your first three years of high school were over quicker than you anticipated, and now you are transitioning to your life beyond North. You will be picking out class rings, ordering senior jerseys and finalizing your plans for after Parkway North. This is how quickly your high school career is speeding towards graduation. Take time out to make memories, become involved in your community, and bridge healthy relationships.

This year begins with new focused goals, a better outlook on your future, and expectations to continue to become the BEST version of you possible. Your senior year you are a leader at North for all underclassmen, and we are relying on YOU to be the example through behavior, leadership and positivity.

The mission of Parkway North High School is to develop self-directed, creative, critical thinkers who are socially responsible people prepared for an ever-changing world. Our goal is to ensure that we are supporting families throughout high school, as well as preparing students for goals and responsibilities after graduation.

Here is a review of tips for a successful year:

- Try and get at least 6-8 hours of rest at night and eat breakfast each day
- Remember, we have a rotating-block schedule: A-Day is blocks 1-4, and B-Day is blocks 5-8
- Homework: Most classes at North High will have homework assignments, and the A/B day schedule will allow you to ask questions the following day, if necessary. (Please take advantage of the block schedule and complete homework the day it is assigned!)
- Take advantage of academic lab: You will have two opportunities to travel to see teachers. Be mindful that lab is not a time for individual support, but rather more of a group approach. If you need individual support, you will need to arrange a time outside of regular class time (i.e. before or after school). Be mindful that academic lab is a privilege, not a requirement, and we hope you use it as such. Dr. Page, your academic lab teacher, and I will work to make sure this time is being used effectively.

Grades and Credits

- You should be starting your senior year with at least **21 credits**. If you have less than this, we will develop a plan for helping you meet graduation requirements.
- You may earn up to 3.5 credits per semester, or a total of 7 credits, at the end of each school year. By the end of this school year, you should have a total of **28 credits/minimally 24 credits to meet graduation requirements**.
- Remember, **EVERY** grade counts. Each semester, your grade point average will be added into your rolling cumulative GPA. The better your grades are, the more opportunities you will have after graduation.
- You will apply to post-secondary institutions with your junior year grades and your previous ACT scores. Admission will be "conditional" and will not become official until they have received your FINAL transcript.

Organization

- Use your student planner or mobile device to organize your time and establish routines for each day. Routines help with finishing projects, remaining current in class and content, and ensuring you have time for yourself.
- Create a calendar with important dates, deadlines and application submissions. This will help keep you current and ahead with applying for scholarships and admission to college.
- Plan ahead & schedule time for your after school activities and homework
- Don't forget to plan for enough time for rest, family and friends, too!

Self- Advocacy

- YOU are your number one advocate. Use your voice to ask questions, verify information, and clarify understanding.
- Feel free to visit me as needed

Get Involved

- Find a club, sport or extracurricular activity to get involved in. School can be much more than simply earning credits towards graduation.
- Take advantage of the A+ Program, which incorporates district-approved volunteer work, 95% attendance and a minimum 2.5 GPA

Feel free to contact me with any questions. I look forward to serving you and your family for the rest of this school year!

Anne Kraus, Class of 2020

Welcome back students and parents of the class of 2020! I hope the school year is off to a great start. It is hard to believe that half of your high school career is completed. The next two years are going to fly by just as quickly, if not quicker. There are a few things that I want you to be aware of as a junior. Now is the time to start planning for life after Parkway North. If you would like any assistance in your planning, please make an appointment to see me or our college, career and transition counselor, Christy Wills. Also, please read Ms. Brown's message to seniors, as this will apply to you before you know it.

It is important to make sure you are on track and have all your credits for graduation. If you are unsure of how many credits you or your student currently has, please make sure to look at transcripts and be familiar with the individual credit situation.

I am looking forward to another great year with you all. As always, feel free to contact me with any questions or concerns that you may have! akraus1@parkwayschools.net or 415.7618

Paul Arthur, Class of 2022

Students have had several opportunities to meet and listen to me. I spoke to the freshmen at New Student Orientation, the first day of school assembly, and our grade level meeting. I am looking forward to getting to know each 9th grade student individually. I welcome students to come in to counseling during their lunch or academic lab to introduce themselves for a short or extended conversation.

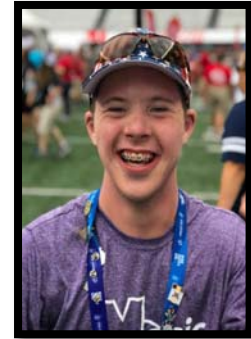
Tutoring is available. Students should notify their particular teacher for a reserved time or to be connected to a qualified senior student.

Parents should be observing students with some homework every night. Sometimes it might be only reviewing data for long-term memory, or getting prepared for the next class. Please be cautious if your student reports "no homework tonight" too often. Check with teachers (quick access to their emails through your Infinite Campus access).

Please contact me to inform me of special or unique information about your student that may impact learning. My goal is to be proactive as much as possible. parthur@parkwayschools.net or 415.7617

North High Happenings

Congratulations to **senior Cade Marian**, 1 of 4 golfers chosen to represent Missouri at the Special Olympics USA Games in Seattle this summer. Cade took home a silver medal! Thank you to everyone who supported Cade in accomplishing his dream!



Social studies teacher Jeff Kinney is leading a group of North students to Peru in June 2019, where they will explore Lima, Cuzco and Machu Picchu. If your student is interested in going on this exciting trip, contact Jeff at jkinney@parkwayschools.net.

On July 20, ten outstanding Parkway seniors completed the UM-St. Louis 2018 STARS (Students and Teachers as Research Scientists) Program and became STARS Research Scholars. Two of those students are from North High: **Meher Arora** and **Rubina Thomas**. In addition, **Brice Henson** completed the Young Scientist Program through Washington University. Below is a brief summary of each of their projects.

Meher: Temperature Regulation of Glutathione Synthesis in Group B Streptococcus

Rubina: Hepatic Histopathology with Carbamazepine in an Ambulatory TPN Neonatal Pig Model

Brice: The Effect of Gut Microbial Environment on Nestmate Recognition in Honeybees



Parkway School District
STARS students



Meher with Megan Yemm (l) and
Hannah Devenport from Northeast
Middle

Family & Consumer Sciences teacher Kara Sussman is working in conjunction with The Cinderella Project, which provides formal dresses for girls who may not be able to afford one. To hear Kara speak about North's involvement in The Cinderella Project, check out the KSDK news clip [here](#).

If you have a dress to donate to this worthwhile cause, please bring it to the Welcome Center. Thank you in advance!



Be sure to check out the PNH newspaper, *Norsestar*, which is completely online and recently updated. To read about a teacher that has become an author, see photos of the Powderpuff football game, and read a secret preview of the Mock Trial, visit <https://pnhnorsestar.com/>.

Special School District of St. Louis County offers workshops free of charge to parents, families and community members. For a complete listing of upcoming workshops, visit <http://www.ssdmo.org/>. Below are just a few classes being offered this fall at SSD's Central Administrative Office (12110 Clayton Rd. in Town & Country). To register, go to www.solutionwhere.com/ssd.

Understanding Behavior: How to Support Your Child's Positive Behavior September 27 6:30-8:30 pm

Would you like an opportunity to explore what your child is trying to communicate with their behaviors? Would you like to learn strategies and create a plan to support your child's positive behavior?

Transition to Adult Life Overview October 2 6:30-8:30 pm

This workshop will cover topics families will want to explore as they prepare for their student's transition to adult life.

Behavioral Strategies in the Home and Community October 4 6:30-8:30 pm

This workshop covers several behavioral-based strategies to use across settings and gives parents a starting point to making home and community times interactive and fun for the family.



Students who read at least three of the young adult books on the following Missouri Gateway Readers Award nominee list will be eligible to vote for their favorite in March 2019. The author chosen by Missouri's students will be honored with the Missouri Gateway Readers Award in April.

Symptoms of Being Human by Jeff Garvin

When We Collided by Emery Lord

The Serpent King by Jeff Zentner

Tell Me Three Things by Julie Buxbaum

The Sun is Also a Star by Nicola Yoon

Heartless by Marissa Meyer

Nemesis by Anna Banks

Amy Chelsea Stacie Dee by Mary G Thompson

The Memory Book by Lara Avery

My Lady Jane by Cynthia Hand

Three Dark Crowns by Kendare Blake

Holding Up the Universe by Jennifer Niven

Salt to the Sea by Ruta Sepety

Scythe by Neal Shusterman

All the Gallant Men by Donald Stratton & Ken Gire



**Parkway North
High School**

12860 Fee Fee Rd.
St. Louis, MO 63146

Phone: 314.415.7600
Fax: 314.415.7614

► www.parkwayschools.net

Principal	
Tori Cain	415.7601
Principal's Secretary	
Karen Wood	415.7602
9 th Grade	415.7610
10 th Grade	415.7606
11 th Grade	415.7608
12 th Grade	415.7604
Guidance	415.7615
Athletics	415.7685
Bookstore	415.7627

Dates to Remember

September 26	Delayed Start 9:35
September 26	End of 6-Week Grading Period
October 4	Parent-Teacher Conferences 3:00-8:00
October 8	No School
October 9	Spirit Week Begins: Commons Decorating 3:00-7:00
October 9-11	Float Building 2:45-7:00
October 10	PSAT
October 12	Float Building 2:45-5:00 / 7:00-9:00
October 12	Pep Rally 5:30 / Soccer Game 6:30
October 13	Parade 11:00 / Football Game 1:00 / Dance 8:00-11:00
October 15	Project Parkway, Central High, 6:30
October 17	Early Release 12:25
October 17	BOE Meeting, Central Middle, 7:00
October 18	Freshman / Sophomore College Night 6:00-7:00
October 23	All-District Choir Concert, Queeny Park, 7:30
October 24	Fall Play 7:00
October 25	Fall Play 3:00 / 7:00
October 26	Fall Play 7:00
October 30	NHS Blood Drive
October 30	Trunk Or Treat 6:00-8:00
October 31	Delayed Start 9:35



Alcohol Free Party Pledge Program

Please join with other parents in making a pledge to promote safe and healthy alternatives for weekend activities. The PTO would like to invite you to pledge that you will not knowingly allow students to gather at your house and use alcohol or drugs. By making this pledge you are reinforcing with other parents that you support each other in promoting a healthy lifestyle for your children. The list of parents who have made the pledge will be published in the monthly Principal's Newsletter so parents can refer to it anytime your son/ daughter is invited to a party. Thank you for considering making this pledge to keep our students safe and healthy!

Student	Class	Parents	Student	Class	Parents
Sam Amacher	2019	Carolyn Amacher	Matthew Hayes	2021	Dave & Lana Hayes
Morgan Arnold	2019	Rodney & Julie Arnold	Nathan Hayes	2021	Dave & Lana Hayes
Meher Arora	2019	Jasleen & Ishwinder Arora	Nishika Hegde	2020	Vani Pergadia & Bijoy Hegde
Riley Atwood	2021	Seth & Rea Atwood	Makenzie Helling	2021	Dave Drake
Claudia Baker	2019	Karen Baker	Aliyah Henderson	2021	Kenisha & Jessica Nolan
Megan Battles	2020	Timothy Battles	Sam Hertzler	2019	Connie & Jim Hertzler
Trevor Berta	2020	Steve & Lisa Dzafic	Darragh Hindrichs	2022	Eve & Bryan Hindrichs
Justin Behrle	2021	Michelle Behrle	Mick Jones	2021	Nancy Walsh
Ori Birka	2021	Eli Birka	Nicole Jones	2022	Janet Schmoele & Steve Myers
Paige Bolling	2021	Heather & John Bolling	Stephanie Jones	2022	Janet Schmoele & Steve Myers
Benjamin Borgmann	2020	Kevin & Jolene Borgmann	Natalie Kallen	2020	Elizabeth Kallen
Loralie Borgmann	2020	Kevin & Jolene Borgmann	Sydney King	2020	Keith & Melinda King
Jordan Carles	2019	Jason Carles	Trenton Knehans	2021	Jennifer & Gregg Knehans
Sam Cassara	2019	Mike & Karen Cassara	Skyler LaGarce	2022	Brad & Sonja LaGarce
Anya Cerulo-Rulo	2021	Bonnie & Tom Cerulo	Joey Liguore	2019	Lisa & Sal Liguore
Caroline Clark	2020	Kat Schneider-Clark	Rowan Linhardt	2021	Matt & Michelle Linhardt
Chloe Collector	2021	Holly & Joe Collector	Javier Lumpkins	2021	Silk Lumpkins
Eric Curry	2021	Monica Curry	Jerry Lumpkins, Jr.	2021	Silk Lumpkins
Charlotte D'Alfonso	2019	Charlotte & Tom D'Alfonso	Miles Lumpkins	2021	Silk Lumpkins
Michael D'Alfonso	2021	Charlotte & Tom D'Alfonso	Trudy Mann	2021	Pamela & James Coe
Chloe Davis	2022	Reginald & Phyllis Davis	Monica McCarthy	2020	Dawn Marie & Ken McCarthy
Nia DeBerry	2021	Obi Anyanwu	Abigail Miller	2020	Cheri & Jeff Miller
Etai Dean	2019	Nivi & Jason Dean	Carson Mix	2021	Scott & Jeanette Mix
Caleb Dunbar	2022	Amy & Jonathan Dunbar	Chandler Mix	2019	Scott & Jeanette Mix
Annalena Ficker	2019	Celia Mullikin	Juliana Morton	2022	Michele & Keith Morton
David Fields	2021	Tom & Susan Fields	Jeremiah Moye	2022	Barbara Moye
Cecelia Finley	2020	Paul & Liz Finley	Sam Murphy	2021	Anne & Jim Murphy
Madeline Fischer	2020	Tom Fischer	Amalia Newman	2019	Irene & Jon Newman
Sean Frye	2020	Michael Frye	Anjola Ola	2022	Akin & Funmi Ola
Elizabeth Garland	2021	Lorraine Garland	Hunter Parker	2020	Vicki & Myron Parker
Zach Graham	2020	Beth & Eric Graham	Keith Pennel	2021	Danielle & Paul Pennel
Jameson Hague	2020	Sharon & Matt Cogo	Christopher Powe	2020	Karla Sydnor
Daniel Hasler	2020	Catherine & Richard Hasler	Shelby Pritt	2020	Kris Graham-Pritt/Charles Pritt
Evan Hasler	2020	Catherine & Richard Hasler			

John Probst	2022	Ross & Nancy Probst
Skyler Reinke	2019	Julie & Paul Reinke
Cali Rigby	2019	Linda Rigby
Tehan Salaris	2021	Steven & Sheryl Salaris
Hannah Schaff	2020	Tim & Cheryl Schaff
Cassie Schoene	2020	Risa & Chuck Schoene
Andrew Schuerman	2022	Mark & Carolyn Schuerman
Hailey Sherman	2020	Patty Sebastian & Jeff Sherman
Zachary Shoptaugh	2022	Don & Elizabeth Shoptaugh
Michael Siler	2019	Michele & Patrick Siler
Taya Singletary	2020	Desere D'Mae
Haleigh Strebe	2020	Jason & Nancy Strebe
Jakiah Thomas	2021	LeVaughan & Carmen Bennett
Zane Stemler	2021	Joe & Tracy Stenler
Myles Tolliver	2020	Sandi & Rodney Tolliver
Ben Waisner	2020	Laura Waisner
Nadirah Walker	2019	Sarnia Walker
Julian Watchman	2021	Chris & Carol Watchman
Jonathan Watts	2020	Marc & Suzanne Watts
Emma Wennemann	2021	John & Marti Wennemann
Kogan Whitworth	2022	Erika Whitworth
Carter Williams	2019	Kenyatta & Kirk Williams
Greta Wimmer	2021	Julia Wimmer
Jillian Wolfman	2019	Natalie & Neil Wolfman
Amiya Woodward	2021	Jody Woodward & Amy Van Matre-Woodward
Vincent Xu	2020	Xiaoxia Cui
Venislav Zhelev	2020	Milena Zheleva

Please fill out and mail to: Tori Cain - Principal
 Parkway North High School
 12860 Fee Fee Rd.
 St. Louis, MO 63146

Or, you may deliver your completed form to Dr. Cain's office

 I pledge that all parties in my home for North High students and their friends will be chaperoned, and that I will neither serve nor knowingly permit the use of alcohol or drugs at such parties.

Parent Name(s): _____

Student's Name: _____ Class of: _____

Parent Signature(s): _____

PARKWAY HEALTH SERVICES
Medication Communication

Parent/Guardian completes this section:

Student's name: _____

Name of Medication: _____

Strength of Medication: _____

Number of tablets in bottle: _____

Parent/Guardian Signature

Date

School nurse completes this section:

Number of tablets received: _____

School Nurse Signature

Date

Number of tablets returned home: _____

School Nurse Signature

Date

**REQUEST FOR ADMINISTRATION OF
MEDICATION AT SCHOOL**

PARENT

I here by give permission for the nurse or authorized school personnel to administer the following medication to my child for the current 2018/2019 school year. This permission shall be effective during the school day, on school property, and at all school activities.

Name of child: _____

Name of medication: _____

Dose to be administered: _____

Diagnosis: _____

Time and circumstances of administration: _____

Start date: _____ End date: _____

Name of prescribing Physician:

(first)

(last)

(MD, DO, DDS, DMD)

(Parent/Guardian Signature)

(Date)

**REQUEST FOR ADMINISTRATION OF
MEDICATION AT SCHOOL**

PHYSICIAN
2018-2019 School Year

Name of student: _____

Name of medication: _____

Dose to be administered: _____

Diagnosis: _____

Time and circumstances of administration: _____

Start date: _____ End date: _____

Name of prescribing Physician: (print)

(First)

(Last)

(MD,DO,DDS,DMD)

Phone number: _____

(Physician's Signature)

(Date)



**PERMISSION FOR STUDENT TO SELF-ADMINISTER MEDICATION BY
AUTO INJECTOR**

I hereby certify the following:

1. I _____, am the parent or legal guardian of _____
("Student"), a student in the Parkway School District ("District"), and am legally authorized to make educational and health care decisions for the Student.
2. I hereby give my permission for the Student to retain in his/her possession an Epi-pen auto injector, and to self-administer medication from such injector. This permission shall be effective during the school day; on school property, including but not limited to a school bus; and at all school activities, whether on or off school property or occurring during the regular school day.
3. I have provided the District with a written medical history of the Student's experience with severe allergy or other potentially life-threatening anaphylaxis ("Condition") and a plan of action for addressing any emergency situations that could reasonably be anticipated as a consequence of administering the medication and having the Condition.
4. I have provided the District with written certification from the Student's physician, stating that the Student (a) has the aforementioned Condition and (b) is capable of, and has been instructed in, the proper method of self-administration of medication and informed of the dangers of permitting other persons to use the medicine prescribed for the Student.
5. I understand that the District and its employees or agents may disclose information provided in accordance with the foregoing paragraphs to administrators, school nurses, teachers, and other school employees as may be necessary to protect the health of the Student and to establish that the Student has been authorized to self-administer medication by means of an auto injector, and shall incur no liability for the disclosure of such information.
6. I understand that the District and its employees or agents shall incur no liability as a result of any injury arising from the self-administration of medication by the Student, and that I shall be required to indemnify and hold harmless the District and its employees or agents against any claims arising out of the self-administration of medication by the Student.
7. I understand that this permission form is effective for the school year for which it is granted, and that a new Permission Form and supporting documentation as described above, must be submitted for each school year.

Signature of Parent/Guardian

Date

12657 Fee Fee Rd.

Saint Louis, MO 63146

(314) 415-5066 • FAX: 415-5046



**PERMISSION FOR STUDENT TO SELF-ADMINISTER MEDICATION BY
METERED-DOSE INHALER**

I hereby certify the following:

1. I _____, am the parent or legal guardian of _____ (“Student”), a student in the Parkway School District (“District”), and am legally authorized to make educational and health care decisions for the Student.
2. I hereby give my permission for the Student to retain in his/her possession a metered-dose inhaler, and to self-administer medication from such inhaler. This permission shall be effective during the school day; on school property, including but not limited to a school bus; and at all school activities, whether on or off school property or occurring during the regular school day.
3. I have provided the District with a written medical history of the Student’s experience with asthma or other potentially life-threatening respiratory illness (“Condition”) and a plan of action for addressing any emergency situations that could reasonably be anticipated as a consequence of administering the medication and having the Condition.
4. I have provided the District with written certification from the Student’s physician, stating that the Student (a) has the aforementioned Condition and (b) is capable of, and has been instructed in, the proper method of self-administration of medication and informed of the dangers of permitting other persons to use the medicine prescribed for the Student.
5. I understand that the District and its employees or agents may disclose information provided in accordance with the foregoing paragraphs to administrators, school nurses, teachers, and other school employees as may be necessary to protect the health of the Student and to establish that the Student has been authorized to self-administer medication by means of a metered-dose inhaler, and shall incur no liability for the disclosure of such information.
6. I understand that the District and its employees or agents shall incur no liability as a result of any injury arising from the self-administration of medication by the Student, and that I shall be required to indemnify and hold harmless the District and its employees or agents against any claims arising out of the self-administration of medication by the Student.
7. I understand that this permission form is effective for the school year for which it is granted, and that a new Permission Form and supporting documentation as described above, must be submitted for each school year.

Signature of Parent/Guardian

Date

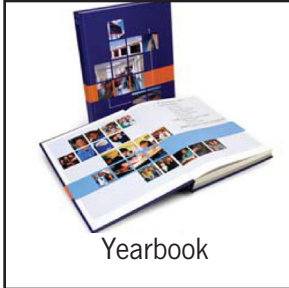
YEARBOOK

ORDER NOW

**EARLY PRICING
NOW!**

Buy your 2019 NORTH HIGH yearbook!
**ORDER by AUGUST 31 to receive your book for the
 EARLY BIRD SPECIAL - \$10 OFF!**

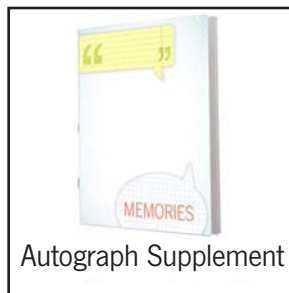
****Yearbook prices will increase incrementally throughout the school year. Order NOW to receive the best price.****



Yearbook



Nameplate



Autograph Supplement



OPTION 1 - ORDER ONLINE OR BY PHONE

To order your yearbook using a CREDIT CARD (NO transaction fees will apply):

1. Go to www.yearbookordercenter.com.
2. Enter Order Number **17226**.
3. Follow the on-screen instructions.

*Home Shipping
Option Available
Online*

**If you do not have Internet access, call 1.866.287.3097, use order number 17226,
and order your yearbook via credit card.**

OPTION 2 - ORDER AT SCHOOL BOOK STORE

To order your yearbook at school, please complete the following information
and return to the **BOOK STORE**

NAME (PLEASE PRINT) _____

GRADE _____

Return this order form with a check for the amount shown below to the **BOOK STORE**. Please make your check payable to PARKWAY NORTH HIGH SCHOOL.

I want to order: (check all that apply)

☐ **ALL COLOR YEARBOOK*** (~~\$65.00~~ **ONLY \$55!**) ☐ **AUTOGRAPH SUPPLEMENT** (\$2.50)

*After Aug. 31, price increases to \$60

☐ **One Line Nameplate** (\$5.50)

☐ **Two Line Nameplate** (\$7.70)

☐ **One Nameplate Mark** (\$3.50)

* Circle icon choice on back of sheet. Must purchase a Nameplate.

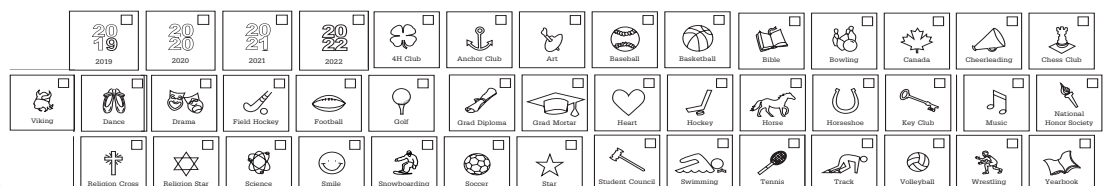
☐ **Two Nameplate Marks** (\$7.00)

* Circle icon choice on back of sheet. Must purchase a Nameplate.

I have included a check for: _____

NAMEPLATE LINE 1

NAMEPLATE LINE 2



Senior Bash 2019

What is Senior Bash?

- Senior Bash is an annual drug and alcohol-free party that is sponsored and run by the parents of the Senior Class
- It is a "LOCK-IN" on graduation night
- This is a safe and fun way for our graduates to celebrate with their friends

When and where is Senior Bash?

- Tuesday, May 14, 2019 from 10pm – 4am
- The Maryland Heights Community Center

Who can come to Senior Bash?

- Any 2019 graduating senior from Parkway North who purchases admission BEFORE the final cut-off date
- Admission WILL NOT be sold at the door and MUST be purchased in advance

Use this form to purchase:

- **Admission for your student to Senior Bash**
 - Pay for admission by Wednesday, December 19, and get a **FREE** Senior 2019 t-shirt!
- **Yard sign that reads "Parkway North 2019 Graduate"**
 - Order your sign now, and pick it up in May to show how proud you are of your Parkway North Graduate!
- **Donate any amount to help pay for a student with financial need**

Questions? Contact Julie Arnold at pnhseniorbash2019@gmail.com or find us on Facebook at Parkway North Senior Bash 2019.

Senior Bash Admission

_____ \$50 before October 31, 2018
_____ \$55 November 1, 2018 – February 22, 2019
_____ \$60 after February 22, 2019 *Admission will NOT be sold after May 8th at 2:30 pm.

FREE t-shirt (if admission purchased by 12-19-18.) T-shirt size: _____

Yard Sign \$20

_____ I would like to purchase a "Parkway North 2019 Graduate" yard sign
Purchase before April 5, 2019. Pick up sign at PNH in May (date TBD).

Donate

_____ I would like to anonymously underwrite the cost of another student unable to attend due to financial need. Donations of any amount are most welcome.

Senior Bash Ticket _____

Yard Sign _____

Donation _____

Total Enclosed _____

Student Name: _____

Parent Name(s): _____

Parent Phone Number: _____

Parent Email: _____

Please make checks payable to: Parkway North Senior Bash. Turn form and payment into the bookstore.

Parkway North PTO 2018-19

The North High Parent-Teacher Organization welcomes you back to school! Please join us for any or all of the following meetings. Please note that PTO leadership meetings are open to all members who wish to attend; they are held in the conference room adjacent to the principal's office. Parent-to-Parent meetings are subject to change. Stay alert to notifications from the school.

PTO Leadership Meetings: 5:30 pm in the conference room

August 20

November 19

January 14

April 9

Parent-to-Parent Meetings: 6-7 pm in the commons

September 24 Communication/Tech Tools for Parents

November 19 Parent Panel – Post-High School Options & Naviance (6:45-8:15 pm)

January 14 School Safety-Intruder Drill Presentation

April 9 Summer Job & Volunteer Opportunities

We are always looking for more parents to join the PTO. The volunteer commitment is drastically less than at the elementary level. If you are interested in any of these volunteer opportunities, contact Danielle Dixon at deedixon02@gmail.com.

- Blood drives: October 30 & March 1, during school hours; volunteer as many hours as you'd like
- Vision and hearing screenings: September 4 & 5, during school hours; volunteer as many hours as you'd like
- PTO scholarship committee: Volunteers read and score essays at home the week prior to Spring Break, and attend/score interviews two days during ac lab; dates TBD
- Library assistants: flexible hours
- Attendance/Guidance office assistants: flexible hours
- Alumni Association Rep: Parkway School District committee; 1-2 evening meetings per year

The Parkway North High School PTO Viking Pride Fundraiser

The goal of our Viking Pride Fundraiser is to raise money that helps to support our students and staff at North High through a variety of programs. Donations made by you, or any members of your family are tax deductible and may also be eligible for a **matching donation** through your **employer's matching gift program**.

How we allocate the money raised:

- Technology grants to teachers. Teachers make requests for hardware, software, and other items that would enhance the classroom learning environment and we try to fulfill as many as possible.
- The PTO Scholarship Fund, which provides scholarships for college bound seniors who have contributed to the North High Community through leadership and volunteerism.
- The PTO General Fund, which includes funding for student recognition and an annual appreciation luncheon for all PNH teachers and staff.

Sounds great! How do I participate?

Just write a check to the "PNH PTO" in an amount of your choice, place it in an envelope, affix postage, and mail it. **Or donate online. Go to the PTO website and click on "Donate."** (You do not need to have a Paypal account to donate)

Envelopes may be hand delivered to the school principal's office or mailed to:
Parkway North High School, ATTN: Viking Pride Fundraiser, 12860 Fee Fee Rd., St. Louis, MO 63146.
Please do not mail cash. As always your contribution is tax deductible. Contributors of \$250 or more will automatically be sent a tax receipt.

For additional information please call Suzanne Watts 314-453-9063

The PNH PTO thanks you for your support!



Donor Name _____

Student Name (optional) _____ Grade _____

Contribution amount: _____\$25 _____\$50 _____\$100 _____\$(Other)

_____ I would like my name to appear as follows on the PNH newsletter's list of donors:

_____ I do not wish to have my name published on the list of donors.

(North High 10/16)



Parkway North Booster Club Membership Form



The Parkway North Booster Club is a group that promotes Parkway North Athletics by supporting our teams through attendance at sporting events and by fundraising to support our athletic programs. Booster club memberships, spirit item sales and concessions are the primary means of fundraising for the PNH Booster Club. Booster club membership includes entrance to regular season home athletic events. Parkway charges admission for all levels of Football games that begin after 5:30, all JV and Varsity Basketball games, Wrestling Meets, and Boys Soccer games that begin after 5:30. Membership cards may **not** be used for tournaments or playoffs.

Membership cards can be purchased with cash or check (payable to PNH Booster Club). The form can be mailed to:
Kenyatta Williams – 1056 Rue La Chelle Walk Creve Coeur, MO 63141 – 314-488-7181 OR

Tara McNeal – 1965 Parkland Woods Dr. Maryland Heights, MO 63043 – 501-563-6094

(Cards can be picked up Football Jamboree, Open House, and the first 2 Varsity football games, or **enclose** a self-addressed stamped envelope and the cards will be mailed to you.)

_____ \$20 Individual Single Student Membership

_____ \$35 Individual Adult Membership

_____ \$60 **Family** Membership (Immediate family)

_____ \$75 **Super Family** Membership (Immediate family and 4 grandparents)

Last Name _____ Father _____ Mother _____

Home phone _____ Cell phone _____ Email _____

Children's names _____

Super Family Names (Grandparents) _____

***Replacements of lost or damaged cards are \$3.00 each.

Number of cards _____ Card #'s _____ Check # _____ Cash _____

Mailed or Picked Up on Date _____

I want to get involved and support the Vikings!!

Volunteers working the Concession Stand can earn money toward the sport, club or activity of his/her choice. If you are willing to volunteer, please complete the form below.

_____ **Concession stand**—sport(s): _____

_____ **Spirit sales**—Help sell spirit items



ACROSS THE DISTRICT

Safety & Security

Add secure vestibules at main entrance with double-entry doors at all five middle schools and all five high schools (Vestibules will be added to elementary schools and Early Childhood Center using operating funds)

Replace door hardware on non-classroom rooms that can be locked from the inside

Add intruder-resistant safety film to identified secondary entrances & windows

Basic Maintenance & Repairs

Replace old heating, ventilation and air conditioning units

Replace leaky, old roofs

Ongoing ADA accessibility projects

Ongoing replacement of worn floor coverings, wood gym floors & bleachers

Ongoing restroom renovations

Technology

Replace aging classroom smartboards and document cameras

North High (Built 1971)

- Add secure vestibule at main entrance with double-entry doors
- Replace door hardware on non-classroom rooms that can be locked from the inside
- Add intruder-resistant safety film to identified secondary entrances & windows
- Secure reception area which will include a new elevator connecting the lower level drama area, main floor & the second floor
- Replacement of worn stadium athletic field
- Resurface worn running track
- Replace stadium field lighting
- Connect north & west parking lots
- Replace three electrical panelboards
- Replace pool filtration tank
- Renovate existing FACS into main administrative and reception area
- Install addition for FACS & part of SSD
- Replace five electrical transformers
- Replace exterior stairs
- Masonry tuckpointing, exterior joint caulking & sealing plaster



VOTE ON NOVEMBER 6

PROP **S**

www.parkwayschools.net