



Bolt's Habit Playbook

Begin with the End in Mind

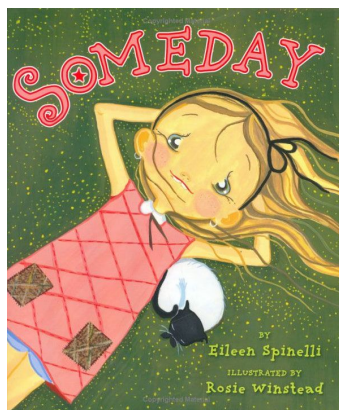
Habit 2 - Begin with the End in Mind means to think about how you would like something to turn out before you get started. Reading a recipe before cooking or looking at a map before leaving on a trip is beginning with the end in mind. For young children, a good example is that of a jigsaw puzzle. Before doing a puzzle, they look at the cover of the box. They start with the end in mind.



Click to view the videos:

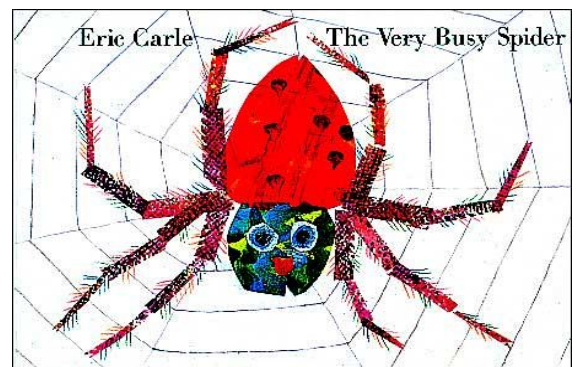
<https://www.youtube.com/watch?v=AyRu7k70Jhc>

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Reflection Questions:

- What is one of your "someday" goals?
- How do you plan to reach your "someday" goal?
- What other habits will help you reach your goal?
- Why is it important to have short-term and long-term goals?



Reflection Questions:

- How does the spider think with the end in mind?
- What are some of her challenges along the way while trying to meet her goal?
- How could her animal friends have been more supportive to the spider?
- What goal have you worked on today or this week that you have begun with the end in mind?