



Living in Harmony

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Speech Topic: Feng Shui ('fung shway')

Speech Title: Living in Harmony

Organizational Pattern: Topical

General Purpose Statement: To inform

Specific Purpose Statement: To inform my audience about Feng Shui

Central Idea Statement: To inform my audience about Feng Shui by first, traveling through the history of Feng Shui, second, by exploring the five major elements of Feng Shui, finally, by focusing on the theory behind Feng Shui.

Introduction:

Good evening. Wouldn't it be wonderful to have harmony in your life whenever you wanted it; wake up every morning knowing you are in good health; go on your merry way with a smile on your face because you are happy with yourself and your family; and go to work and be able to diligently work without having to worry about your financial needs. That's Feng Shui. That's right, I said Feng Shui. F-E-N-G S-H-U-I. Now that we know how to pronounce it and spell it. What is It? Feng Shui is similar to our horoscope. Feng Shui is an old Chinese custom that says if you let the life giving energy flow through your bodies and your surroundings, you can experience the feeling of harmonious bliss throughout your entire life. Well I must admit in researching Feng Shui, I only thought about the material gain it would bring, but after further investigation, my interest shifted to see if Feng Shui could really harmonize your life. I know you must be questioning the fact that Feng Shui is not the American way of belief, but try to keep an open mind about it and examine its techniques. Sit back, relax, and let's explore the world of Feng Shui by first traveling through its history, second by exploring the five major elements of Feng Shui, and finally, by focusing on the theory behind Feng Shui.

Body of the Speech

I. This history of where Feng Shui comes from.

- A. According to mostsuccess.com/fengshui/history.hlm, geographically Feng Shui originated in China approximately 2000 years ago.
 - 1. In this article, it also states that it did not take long for the Feng Shui concept to gradually spread to Taiwan, Malaysia, Singapore, and Hong Kong.
 - 2. Mostsuccess.com. reports that the Feng Shui principles migrated to the United States, Canada, Australia and Europe to see if they, too, could experience the positive flow of energies in their lives.
- B. The book, *The Feng Shui of Love*, written in 2000 by T. Raphael Simons, states the spiritual connection of Feng Shui is composed of Yin and Yang energies.
 - 1. According to *The Feng Shui of Love* book, Yin is noted as the passive and emotional energy that tends to refer to people who are characterized as introverts.
 - 2. The book also states Yang consists of logical and factual energy that refers to people who are characterized as extroverts.
 - 3. According to the 1999 book, *Creating Abundance with Feng Shui*, written by Lillian Too, Yin and Yang are essential energies that are attracted to each other, never to be separated.
 - 4. Yin and Yang symbolizes the balance of forces.

Transition: Now that I have traveled through the history of Feng Shui, I can explore the five major Feng Shui elements.

(Visual Aid - five major elements of Feng Shui)

- II. The book, *Enlightened by Design*, written by Helen Berliner in 1999, shows that there are five major elements of Feng Shui that influence the connection of all people with their connection of the environment.
 - A. Fire--the color red, is the element that symbolizes emotion, fame, expression, stimulation, and passion.
 - 1. If fire is your favorite element, you as an individual may express sociability in your surroundings.
 - B. Earth--the color yellowish brown, is the element that characterizes stability, security, caring, cautiousness, and harmony.
 - 1. If earth is your favorite element, you may establish dependability toward life.
 - C. As stated in the previous book, *Enlightened by Design*, Berliner goes on to explain that the element wood, brownish green, displays growth, development, ambition, initiative, and opportunity.
 - 1. If wood is your favorite element, you are characterized as a person who takes time to make good decisions.
 - D. Metal--the color silver, is the element that symbolizes dignity, leadership, organization, planning ahead, and completeness.
 - 1. Metal is your element if you have a keen sense of inspiration.
 - E. Water--my element, bluish black, is the element that displays sexuality, inner development, tranquility,

independence, and spirituality.

- I. Water is your element if you enjoy calmness and peace of mind.
- F. According to Simons, in the 2000 book, *The Feng Shui of Love*, you can determine your personal element by using a simply questionnaire technique.

Transition: Because we have explored the five major elements of Feng Shui, we can now focus on the theory behind Feng Shui.

III. The book, *Feng Shui Design*, written by Sarah Rossbach and Master Lin Yun in 1998 states Feng Shui is divided into

three cycles that may occupy a person life.

A. The Productive cycle releases harmony when every element in your environment agrees with each other.

B. Subsequently, as in the previous book, Ms. Rossbach and Mr. Yun states that when the elements disagree with each other and move in different directions at the same time, your environment is unbalanced creating the Destructive cycle.

C. And if things couldn't get any worse, according to the book, *Feng Shui Design*, when an abundance of negative energies have entered your space, the Exhaustive cycle is used to drain these energies to balance your space.

D. The object is to be aware of yourself in your natural surroundings in order to maintain a balance of harmony in your life.

Conclusion:

Now that I have talked about Feng Shui by first traveling through its history, second by exploring the five major elements of Feng Shui, and finally by focusing on the theory behind Feng Shui, I know you may still be curious about Feng Shui. While some people may view Feng Shui as just a passing fad, for many people, Feng Shui helps them find peace and harmony in their life. If you would like to know more about your personal element, you can take a self exam or continue to research Feng Shui. Can Feng Shui harmonize your life? Well according to 2000 book, *The Feng Shui of Love*, your harmony is in the eye of your yin and yang.

Bibliography:

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