



Parkway South High Athletics and Activities community,

As we get ready for the new school year, we wanted to provide a little information and guidance regarding sports physicals and PRIVIT accounts.

For all **Fall** sports and year-long activities, it is now time to update your sports physical and PRIVIT account for the upcoming school year. (ALL PRIVIT accounts must be updated annually.)

**Every** athlete must be cleared in PRIVIT (which includes a doctor signed physical exam) in order to participate in any official practices/tryouts.

**FALL sports officially begin on 8/8/22.**

Regardless of which season you plan to participate in (Fall, Winter, Spring, year long), we recommend that you have your physical examination conducted by your primary care physician at the beginning of the school year (JULY 1 or AFTER) in order to maximize the coverage of your exam throughout the school year.

To assist in calculating and understanding the valid physical exam date criteria, as you schedule your doctor appointment or restore past physicals from your PRIVIT archives, we have created the following table:

Physical Exam Date YEAR (JULY 1 or AFTER)	Effective School Year	Any other Non-2-year format (i.e., individual dr. office form, old (1 year) MSHSAA form) - is good for <b>ONE</b> year  <b>EXPIRES</b> (June 30th of...)	* <u>MSHSAA specific</u> <u>2-year form</u> (*Physicals documented on this form <b>ONLY</b> - are good for 2 years) <b>EXPIRES</b> (June 30th of...)
2021	2022-23	2022	2023
2022	2023-24	2023	2024
2023	2024-25	2024	2025
2024	2025-26	2025	2026
2025	2026-27	2026	2027

\*\*\*NOTE: if a physical exam date is conducted PRIOR to July 1 of any given school year, it does NOT fall within the current school year and therefore is valid for less time.)

The start date for current school year physicals is always JULY 1st (of the current school year) and the school end date is June 30th. **Depending on the type of physical form used**, your physical will qualify for one year or two years of clearance.

Again, ALL PRIVIT accounts must be updated every year in order to verify accuracy of insurance, emergency contact information, etc. (Even if you have a 2-year physical.)



While physicals may be good for a 2 year cycle (depending on the physical form used), we still encourage all students to have a yearly exam conducted by their primary care physician.

Here are the two types of physical forms:

- those good for ONE year from exam date (i.e., individual doctor office forms, any form that does not specifically state clearance for an extended amount of time). This physical will expire on June 30th the following year from the exam date.
- The [MSHSAA 2-year specific physical form](#) (**we strongly recommend**) which is good for TWO years from the exam date. (The 2-year form can be found on our PSH/Athletics website and is also linked above.) This physical will expire on June 30th, 2 years from the exam date

*(Currently, if your physical on file/uploaded to your PRIVIT account is dated **on or after July 1, 2021** then it is good through the 2022-2023 school year and will expire June 30, 2023).*

### **NEW ATHLETES / INCOMING STUDENTS:**

If you are new to high school athletics in Parkway, you will need to create an account through PRIVIT. Detailed PRIVIT instructions are located on the school/athletic website [PSH/Athletic/PRIVIT Athletic Participation Packet](#).

On the PRIVIT website (privit.com) you will complete all necessary sections and upload a valid physical. (There are approximately 10 sections to complete.)

### **RETURNING ATHLETES**

If you already have a PRIVIT account and have a valid physical (see table above) uploaded to your account it should be located in your "active" tab of documents in your account. If you do not see it there please check the "archives" tab to restore your valid physical.

Here are the steps to restore archived physicals....

1. Log into your PRIVIT account
2. Go to "Manage Documents"
3. On the top click the "Archived" tab
4. Find the most current physical in the list and click "Restore"

If you have any questions, please reach out to the Athletics & Activities office 314-415-7796.

We are here to help! Thank you.

### ***PSH Athletics & Activities Department***

*(The PRIVIT clearance process for ALL athletes begins the first week of August. We appreciate your patience. You will receive a notice of clearance through the PRIVIT notification system.)*