



PARKWAY SCHOOLS **GUIDANCE FOR FAMILIES** COVID-19: WHAT TO DO IF...

PLEASE NOTE: Quarantines will be determined by the St. Louis County Health Department

Scenario 1

SELF

I'M A CLOSE CONTACT WITH SOMEONE WHO IS SYMPTOMATIC (NOT POSITIVE, and SYMPTOMATIC PERSON HAS NO KNOWN EXPOSURE TO COVID-19)

The student/employee should come to school, self-monitor for symptoms, and continue safe hygiene and PPE practices. If the original symptomatic person receives a positive result, follow quarantine procedures outlined in Scenarios 02 and/or 03 below.

I DEVELOP SYMPTOMS OF COVID-19

Students or employees with symptoms of COVID-19 should stay home and call their healthcare provider. Students and employees with symptoms at school will be isolated and sent home. If a student/employee has more than one low-risk symptom (e.g. a fever and nausea) or one high risk symptom (e.g. a cough), they will be required to get medical clearance prior to returning to school/work. Students or employees with high risk symptoms should be tested for COVID-19,

I TEST POSITIVE FOR COVID-19

A positive student/employee should immediately isolate and stay home for a minimum of 10 calendar days after symptom onset or positive test collection, if asymptomatic. To return to school, the student/employee must be evaluated and receive clearance from their healthcare provider.

Scenario 2

FAMILY

MY FAMILY MEMBER IS A CLOSE CONTACT

If a family member in the student or employee's home is quarantined because they were in close contact with an infected person (but the family member is asymptomatic and has not tested positive), the student/employee should continue coming to school/work and monitor symptoms.

MY FAMILY MEMBER IS AWAITING TEST RESULTS

If a family member is awaiting results from a COVID-19 test, the student/employee should stay home until results are received and then follow appropriate protocol according to the results.

MY FAMILY MEMBER IS POSITIVE FOR COVID-19

Stay home and quarantine for 14 calendar days after last exposure. Return to school/work with a written release from the St. Louis County Health Department. (Please note that if the positive family member does not self-isolate within the home, the 14 day quarantine continues for the close contact through the positive person's isolation period and 14 days beyond the day the positive person is released from isolation).

Scenario 3

CLASSMATES or COWORKERS

THEY ARE IN THE SAME AREA, BUT NOT CONSIDERED A CLOSE CONTACT

This student/employee would be considered a contact but not a close contact. A contact means the student was in the same room or general vicinity as an infected person but not within 6 feet for more than 15 accumulated minutes. The student/employee should continue coming to school, self-monitor for symptoms, and continue wearing a face covering and practicing good hand hygiene.

THEY ARE IDENTIFIED AS A CLOSE CONTACT

A close contact is any individual who was within 6 feet of an infected person for at least 15 minutes (accumulated over the course of the 48 hours prior to the onset of symptoms in the contact), starting from 2 days before illness onset (or, for asymptomatic patients, 2 days prior to positive specimen collection) until the time the patient is isolated. Close contacts must stay home and quarantine for 14 calendar days after last exposure. To return to school/work, the student/employee must be evaluated and receive clearance from the health department or their healthcare provider.