Parkway Scho Lunch Menu Elementary	ools			PARKWAY NUTRITION SERVICES C A R E S
Monday	Tuesday	Wednesday	Thursday	Friday
Wing Dings WG Goldfish Crackers Green Beans Diced Pears or Garden Bar	3 Restaurant Pizza Black Bean Cucumber Salad Pineapple Tidbits or Garden Bar	4 Chicken & Waffles w/Syrup Tator Tots Fruit Cocktail or Garden Bar	5 WG Spaghetti w/ Pasta or Tomato Sauce Breadstick Broccoli Crowns Blue Raspberry Cup or Garden Bar	Grilled Cheese on Wheat Tomato Soup Crackers Applesauce or Garden Bar
9 French Toast Sticks w/Maple Syrup Pork Sausage Patty Trix Yogurt Cup Strawberry Cup or Garden Bar	10 Restaurant Pizza Spinach & Lettuce Salad Assorted Dressings Berry Lemon Sorbet or Garden Bar	11 Potato Crusted Chicken Strips Housemade Roll w/ Garlic Butter Sweet Potato Fries Blueberries w/Whipped Topping or Garden Bar	Beefy Macho Nachos Chips & Cheese Sauce Black Bean Corn Salsa Mango Strawberry Icee or Garden Bar	1: Housemade Chicken Noodle Soup Crackers or Pretzel Bosco Stick Spring Peas Diced Pears or Garden Bar National Chicken Noodle Soup Day!
	* PPy ?	ping*	Break	
23 Breaded Chicken on WG Bun Corn Niblets Mandarin Oranges or Garden Bar	24 Restaurant Pizza Caesar Salad Assorted Dressings Watermelon Sorbet or Garden Bar	Late Start25Turkey & Cheese onPretzel BunCarrot DippersAssorted DressingsScooby Fruit Snackor Garden Bar	26 Rockin' Burger on WG Bun Crinkle Cut Fries Strawberry Kiwi Sorbet or Garden Bar	2 Wild Mike's Cheese Bites Marinara Sauce Cup Baked Beans Pineapple Tidbits or Garden Bar
30 Chik'n Nuggets (plant based) Garlic Noodles Broccoli Flowerettes Strawberry Cup or Garden Bar	31 Restaurant Pizza Romaine & Garden Mix Assorted Dressings Blue Raspberry Cup or Garden Bar	Now Hiring! Various opportunities in schools near you! No Experience required Starting pay at \$10.72/H Great job for parents or	l, we will train you! nr.	
Full Salad Bar available at ALL schools. Fresh, Healthy and Good for You! Join us Join us Salad Bar Salads include: Crackers, Muffins or Roll, Fruit & Beverage	Also Available: Brand Name Pizza Deli Bar Specialty Line Frito Lay Baked Chips Nacho & Taco Boats Hamburger Line	Beverages: 1% White Milk/Skim 1% Chocolate Milk Juice - Apple or Orange <b>Allergy Guide - Ingredier</b> of all items available: https://www.parkwayschools		Free/Reduced Meal Questions? Call 314-415-824 Follow us on Twitter @healthymealpkwy
	Menu Subject to Change		This Institution is an equal	opportunity provider.