

## Medical Statement for Students Requiring Special Meals

Student Name: \_\_\_\_\_ Birth Date: \_\_\_\_\_

School District: \_\_\_\_\_ School Year: \_\_\_\_\_

School: \_\_\_\_\_ Grade: \_\_\_\_\_

Parent's Name(s): \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone (father): \_\_\_\_\_ (mother): \_\_\_\_\_

### For Physician's Use Only

Identify and describe disability, or medical condition, including allergies that require the student to have a special diet. Describe the major life activities affected by the student's disability/allergy.

\_\_\_\_\_  
\_\_\_\_\_

### Diet Prescription: (check all that apply)

\_\_\_\_\_ Diabetic (include calorie level or attach meal plan)      \_\_\_\_\_ Modified Texture and/or Liquids  
\_\_\_\_\_ Reduced Calorie      \_\_\_\_\_ Food allergy (describe)  
\_\_\_\_\_ Increase Calorie      \_\_\_\_\_ Other (describe)

### Food Omitted and Substitutions:

OMITTED FOODS

SUBSTITUTIONS

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Indicate Texture:      \_\_\_\_\_ Regular      \_\_\_\_\_ Chopped      \_\_\_\_\_ Ground      \_\_\_\_\_ Pureed

Indicate Thickness of Liquids: \_\_\_\_\_ Regular      \_\_\_\_\_ Nectar      \_\_\_\_\_ Honey      \_\_\_\_\_ Pudding

Special Feeding Equipment: \_\_\_\_\_

Additional Comments: \_\_\_\_\_

I certify that the above named student needs special school meals as described above, due to the student's disability or chronic medical condition.

\_\_\_\_\_  
**Physician's Signature**      **Telephone Number**      **Date**

I hereby give my permission for the school staff to follow the above stated nutrition plan.

\_\_\_\_\_  
**Parent/Guardian**      **Date**