



Alliance for Healthy Communities

January 5, 2016 meeting agenda

3:30 to 5 PM, Parkway ISC

AHC General Mtgs.
1st Tuesday/mo.
3:30 to 5pm
12657 Fee Fee



Alliance Vision: To create a community empowered to make positive choices through knowledge, skills and resources.

Alliance Mission: Engage the community to reduce youth substance abuse and risks for suicide by raising awareness and changing community norms.

3:30 Welcome and Introductions

3:40 Announcements

- Community Events Calendar
- 2016 Topic Calendar
- NCADA Calendar

Lori Krueger, Regional Support Specialist

3:45 Heroin Update: Current Strategies, Obstacles and Progress Det. Casey Lambert, St. Louis County Police
The national scourge of heroin use and overdose deaths continues to escalate. Just before Christmas, the national rate of overdose death from opiates, including heroin, reached an all-time high. In the St. Louis region many efforts are underway to curb this crisis. Det. Lambert will review the current trends in opiate and heroin use and related over dose deaths.

4:20 Opiate and Heroin Recovery- The Nearly Impossible Can Happen Luke, Recovering Addict
Reports of the tragedies associated with heroin and opiate abuse and overdose can leave any of us drained and discouraged about the accumulating toll in lost or forever damaged lives. However, recovery from this horrid addiction does happen. This portion of the meeting will allow AHC members to hear from a recovering addict whose story provides reason, and reminder, for hope.

4:40 AHC's Developing Logic Model for Prescription (Opiate) Medications Ms. Lori Kruger, NCADA
AHC continues its strategic planning, using logic model formatting as an efficient means of expressing the vision developed by AHC members. Staff Sargent Anica Jankowski will continue her leadership of this work. An extended work session will continue until 6 pm for those able to attend.

5:00 Adjourn- THANK YOU FOR YOUR ATTENDANCE AND SUPPORT

Next Meeting: February 2, 2016
Topic: AHC Action Plan
Current Activities and Opportunities