



# Alliance for Healthy Communities

## January 6, 2015 Meeting Agenda

3:30–5 PM, Parkway ISC

### AHC 1st Tuesdays

12657 Fee Fee Rd.  
Rm A  
St. Louis, MO 63146



**Alliance Vision:** To create a community empowered to make positive choices through knowledge, skills and resources.

**Alliance Mission:** Engage the community to reduce youth substance abuse and risks of suicide by raising awareness and changing community norms.

- 3:30 ***A Parent's Perspectives on Youth Addiction and Recovery*** Jane F.  
AHC has had the privilege of hearing from recovering youth about the process by which they became addicts and subsequently become involved in recovery. This presentation will afford AHC members the opportunity to hear about a parent's experiences living with, and dealing with, a child's developing addiction and eventual recovery.
- 4:00 ***Introductions and Announcements***
- ***Introductions***– name, organization and role, connections to youth substance abuse and suicidality
  - ***Stand Up 9!*** Postponed– a new date is being determined.
- 4:10 ***How Can Communities Better Support Parents and Families?*** Group Discussion  
AHC's 2014 community assessment has provided evidence that issues of stigma, denial and uncertainties about resources often impede parents' abilities to respond effectively to a child's involvement with substance abuse or his/her struggles with depression and thoughts about self-harm. How can AHC impact the community so that parents have an easier time (a) recognizing a child's need for help and (b) accessing the resources that can best help them and their child?
- 4:35 ***Community Resource Cultivation (cont.)*** ***Sgt. Anica Jankowski***  
Sgt. Jankowski has led both a task force and general meeting discussions targeting identification of area resources that can support our prevention effort as well as provide intervention and support to area families. This portion of our meeting will continue those efforts with the goal of having a resource list available to the community through our web site with possible promotion via social media.
- 5:00 ***Adjourn– THANK YOU*** for your attendance, participation and support!

For More Information Contact  
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***Next Meeting: February 3, 2015***