



Alliance for Healthy Communities

September 1, 2015 Meeting Agenda

3:30–5 PM, Parkway ISC

AHC 1st Tuesdays

12657 Fee Fee Rd.
Rm A
St. Louis, MO 63146



Alliance Vision: To create a community empowered to make positive choices through knowledge, skills and resources.

Alliance Mission: Engage the community to reduce youth substance abuse and risks of suicide by raising awareness and changing community norms.

- 3:30 **Introductions and Announcements** Ken McManus, AHC Director
- ◇ AHC Monthly Topic Calendar
 - ◇ Community Events Calendar
 - ◆ 9.26.15 Medication Take-Back event
 - ◆ Strategic Planning Work Session 9.15.15, 5-9 pm, PSD Administrative Center
 - ◇ AHC Information Tables- *volunteers needed* Mimi Holder
 - ◇ NCADA Program Announcements Lori Krueger
- 3:40 **Adolescent Brain Development: Key Issues About Substance Abuse and Mental Health**
Ken McManus, M.Ed., L.P.C., director, Alliance for Healthy Communities. Brain development during adolescence is a complicated and fragile process that determines an individual's capacities for an effective and meaningful life. This presentation will identify critical aspects of adolescent brain development and the vulnerabilities to the onset of mental illness and damage from substance abuse that can impact a lifetime.
- 4:30 **Strategic Prevention Framework- How This Thing Works Part 3** Sgt. Anica Jankowski, MOARNG In the August 4 meeting Sgt. Jankowski facilitated a productive discussion of coalition planning using logic models as a means of articulating problems, causal factors and potential action. In this discussion, Sgt. Jankowski will share information about the 4th component of the SPF process: Implementation.
- 5:00 **Adjourn– THANK YOU** for your attendance, participation and support!

Next Meeting: October 6, 2015

**Topic: The Faith-Based Community:
Substance Abuse and Mental Health**

Daryl Madi, Ass. Pastor, Greentree Community Church

For More Information Contact
Ken McManus, AHC Director
kmcmanus@parkwayschools.net
314-415-7015