



# Alliance for Healthy Communities

June 2, 2015 Meeting Minutes

3:30–5 PM, Parkway ISC

## AHC 1st Tuesdays

12657 Fee Fee Rd.  
Rm A  
St. Louis, MO 63146



**Alliance Vision:** To create a community empowered to make positive choices through knowledge, skills and resources.

**Alliance Mission:** Engage the community to reduce youth substance abuse and risks of suicide by raising awareness and changing community norms.

**Attendance:** Dr. Keith Street (St. Louis County Department of Health), Gary Behrman, Ph. D. (CHADS Coalition), Michelle Sellers (CHADS Coalition), Lori Krueger (NCADA), Will Winter, Ph.D. (UMSL Public Policy Research Center), Sheree Waterhouse (Manchester P.D.), Buck Lancey (Manchester P.D.), Casey Lambert (St. Louis County P.D.), Kim Dressel (PSD Wren Hollow Elementary), Megan Schacht, Ph.D. (St. Louis County Family Court), Jim Meyer (Abbott Labs), Daryl Madi (Green Tree Community Church), Amy Weiland (The Crossroads Program), Sgt. Anica Jankowski (MOARNG), Dennis Trask (DFC Consultant), Capt. Kevin Scott (Ballwin P.D.), Shameka Davis (St. Louis County Dept. of Health), Jean Sokora (Preferred Family Healthcare), Mimi Holder (Parkway Southwest Middle), Ron Ramspott (PSD Health and P.E. and SADF Coordinator), Ken McManus (AHC Director)

**3:35 Parkway West TVFC Student Project Review** AHC members viewed two excellent video productions developed by PWH publications students in support of AHC's social norming commitments targeting depression and suicide awareness. Both videos can be viewed on AHC's facebook page or at the following URLs.

<https://www.youtube.com/watch?v=LsmHfiNKt-8>

<https://www.youtube.com/watch?v=1D3n4g6yXiA&feature=youtu.be>

**3:40 Suicide and Substance Abuse: CHADS Coalition** Dr. Gary Behrman gave an excellent presentation on the trilemma of trauma-addictions-suicidality. Dr. Behrman's power point is attached with these minutes for your review.

### 4:15 **Announcement**

- ◇ **AHC Monthly Topic Calendar- [ahc-stl.org](http://ahc-stl.org)** Ken McManus
- ◇ **Community Event Calendar- [ahc-stl.org](http://ahc-stl.org)** Ken McManus
- ◇ NCADA Program Announcements (for more information see [ncada-stl.org](http://ncada-stl.org))
  - *Strike Down Heroin*, June 20, 4-6 pm, Tropicana Bowling Lanes
  - *Prevention Leadership Conference*, July 20-21, St. Charles Convention Center

**4:20 AHC Community Resource Assessment** Will Winter, Ph.D.  
A survey will be distributed this week to AHC members asking for their input about area resources and AHC's developing resource list.

**4:35 AHC Strategic Plan Project Development** Ken McManus, AHC Director  
Group discussion resulted in the identification of continuing community education efforts regarding heroin/opiates abuse, overdose and addiction as well as new educational effort that promote family management and positive youth development strategies. Emphasis was placed on needing to significantly improve promotional strategies to grow the audiences for future programs.

**5:00 Adjourn– THANK YOU** for your attendance, participation and support!

**Next Meeting: July 7, 2015**

**Topic: Substance Abuse, Internet Porn and Adolescence**

**Presented by: Stephanie Ehmke, P.L.P.C.**

For More Information Contact  
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