



# Alliance for Healthy Communities

## September 1, 2015 Meeting Minutes

3:30–5 PM, Parkway ISC

### AHC 1st Tuesdays

12657 Fee Fee Rd.  
Rm A  
St. Louis, MO 63146



**Alliance Vision:** To create a community empowered to make positive choices through knowledge, skills and resources.

**Alliance Mission:** Engage the community to reduce youth substance abuse and risks of suicide by raising awareness and changing community norms.

**Attendance:** Casey Lambert (St. Louis County P.D.), Dr. Keith Street (St. Louis County Dept. of Public Health), Candace Harris (NCADA), Mimi Holder (PSWM), Jill Sloan (NCADA), Earl Barge (CAPY), Ivy Cleveland (St. Louis University), Theresa Henry (Washington University Community Practice), Sgt. Anica Jankowski (MOARNG), Marvin Lee Foltz (St. Timothy's Episcopal Church), Ron Ramspott (PSD Health and P.E.), Jim Meyer (Abbott Labs), Lori Krueger (NCADA), Ken McManus (AHC Director)

- 3:30 **Introductions and Announcements** Ken McManus, AHC Director
- ◇ AHC Monthly Topic Calendar: *October 6, The Faith based Community: Substance Abuse and Mental Health*, Daryl Madi, Ass. Pastor, Greentree Community Church
  - ◇ Community Events Calendar
    - ◆ 9.26.15 Medication Take-Back event Flyers and drop-box cards were distributed in support of local participation
    - ◆ Strategic Planning Work Session 9.15.15, 5-9 pm, PSD Administrative Center AHC members are invited to participate in an evening strategic planning session, dinner included, on Tuesday, September 15 from 5-8 pm. PLEASE contact Ken McManus if you plan to attend so we can include you in the food order.
  - ◇ **AHC Information Tables- volunteers needed:** From now through October, Parkway middle and high schools have scheduled evening open houses and/or parent-teacher conferences. AHC has been invited to set up a display table at these events to distribute information and build name recognition. We **NEED VOLUNTEERS** to help. Whether you can staff a table for one hour or a whole evening, *any help* is really appreciated. Set up and take-down of the display kit takes 10 minutes. An event schedule was attached with these minutes. PLEASE USE the URL below to sign-up for a particular evening: <https://docs.google.com/a/pkwy.k12.mo.us/spreadsheets/d/1wmiBAwZ102dLBRO1zddS6Rls0I2776MI26t8nZsJzwQ/edit?usp=sharing> **THANK YOU for any help you can provide!!!**
  - ◇ NCADA Program Announcements: Please visit the NCADA web site ([ncada-stl.org](http://ncada-stl.org)) for information about the following events: [Youth Mental Health First Aid Training](#), [Red Ribbon Leader Training](#), and a [Legislative Forum](#).
- 3:40 **Adolescent Brain Development: Key Issues About Substance Abuse and Mental Health** Ken McManus, M.Ed., L.P.C., director, Alliance for Healthy Communities. Brain development during adolescence is a complicated and fragile process that determines an individual's capacities for an effective and meaningful life. This presentation will identify critical aspects of adolescent brain development and the vulnerabilities to the onset of mental illness and damage from substance abuse that can impact a lifetime. Please access the power point slides for this presentation posted on AHC's website, [ahc-stl.org](http://ahc-stl.org).
- 4:30 **Strategic Prevention Framework- How This Thing Works Part 3** Sgt. Anica Jankowski, MOARNG In the August 4 meeting Sgt. Jankowski facilitated a productive discussion of coalition planning using logic models as a means of articulating problems, causal factors and potential action. In this discussion, Sgt. Jankowski will share information about the 4th component of the SPF process: Implementation. Please access the power point slides for this presentation posted on AHC's website, [ahc-stl.org](http://ahc-stl.org).
- 5:00 **Adjourn– THANK YOU** for your attendance, participation and support!

**Next Meeting: October 6, 2015**

**Topic: The Faith-Based Community:  
Substance Abuse and Mental Health**

**Daryl Madi, Ass. Pastor, Greentree Community Church**

For More Information Contact  
Ken McManus, AHC Director  
[kmcmamus@parkwayschools.net](mailto:kmcmamus@parkwayschools.net)  
314-415-7015