



# Alliance for Healthy Communities

October 6, 2015 Meeting Minutes

3:30–5 PM, Parkway ISC

## AHC 1st Tuesdays

12657 Fee Fee Rd.  
Rm A  
St. Louis, MO 63146



**Alliance Vision:** To create a community empowered to make positive choices through knowledge, skills and resources.

**Alliance Mission:** Engage the community to reduce youth substance abuse and risks of suicide by raising awareness and changing community norms.

**Attendance:** Dr. Megan Schacht (St. Louis County Family Court), Shameka Davis (St. Louis County Department of Public Health), Ron Rampott (Parkway School District), Capt. Kevin Scott (Ballwin Police Dept.), Det. Casey Lambert (St. Louis County Police Dept.), Earl Barge (Chesterfield Alliance for Positive Youth), Pastor Marvin Folz (St. Timothy’s Episcopal Church), Sgt. Anica Jankowski (MO Army National Guard), Lori Krueger (NCADA-RSC), Theresa Henry (Washington University), Mimi Holder (Parkway Southwest Middle School), Ivy Cleveland (St. Louis Family and Community Medicine), Kim Dressel (Wren Hollow Elementary), Dr. Carissa van den Berk (St. Louis University Family and Community Medicine), Ken McManus (Alliance for Healthy Communities)

### 3:30 Introductions and Announcements

Ken McManus, AHC Director

#### ◇ Community Events Calendar

- ◆ St. Timothy’s Episcopal Church *Out of Reach* Community Education event focusing on youth prescription medication and over the counter cough medicine abuse. October 14, 2015, 6:30 to 8 pm. 808 N. Mason Rd, 63141
- ◆ Methamphetamine Action Coalition *Substance Abuse Awareness Day* Regional awareness and training event, October 16, 9 - 3:30 pm, Drury Inn, Arnold, MO For more information: methactioncoalition.org
- ◆ ACT MO *Building a Healthy Missouri* Annual state-level prevention conference, November 17-18, 2015, Lodge of the Four Seasons, Lake Ozark, MO For more information: actmissouri.org
- ◇ 9.26.15 Medication Take-Back Summary Nine local police departments serving within AHC’s footprint, in aggregate, collected 4514 lbs. of medication, over 20% of the St. Louis metro region totals. A heartfelt thank you and congratulations to these law enforcement agencies for their successful take-back efforts.
- ◇ AHC Information Tables- There exists one more evening in which AHC has the opportunity/need for a volunteer to staff an information table: October 15, Parkway West High School. If you are able to volunteer that evening, please contact Ken McManus to get the table display kit.
- ◇ NCADA Program Announcements 1) *Up in Smoke*, October 29, 9:30 to 12: Learn the facts about e-cigarettes, vaping and hookahs, often marketed as “alternatives to smoking”. 2) Legislative Conversation, November 20, 9am - 12 noon. Both events at 9355 Olive Blvd., 63132. More information at ncada-stl.org

3:40 ***The Faith-Based Community, Youth Substance Abuse and Mental Health*** Reverend Daryl Madi facilitated an excellent presentation/discussion regarding the relationship between members of the clergy and the challenges of substance abuse and mental illness. Rev. Madi’s ppt. is available on AHC’s website- ahc-stl.org. Here are some of the salient points he raised:

- ◆ Clergy are often called upon as “first responders” in the lives of the people they serve.
- ◆ Many clergy members are overwhelmed and undertrained with regard to behavioral health needs.
- ◆ There is considerable evidence that a meaningful spiritual life has both preventative and restorative value regarding behavioral health.
- ◆ In seeking to partner with clergy, it will be important that AHC seek collaboration around “common enemies” (addiction, disease, overdose, suicide) and “common goals” (intervention, recovery, prevention)

4:30 ***Coalition Jeopardy*** Coalition Jeopardy was postponed to a future general meeting.

5:00 **Adjourn– THANK YOU** for your attendance, participation and support!

***Next Meeting: November 3, 2015***

***Topic: Pain Management Without Drugs***

***Ruthie Andrews, Cairn Counseling***

For More Information Contact  
Ken McManus, AHC Director  
kmcmanus@parkwayschools.net  
314-415-7015