



# Alliance for Healthy Communities

## February 4, 2014 Meeting Minutes

### AHC 1st Tuesdays

12657 Fee Fee Rd. Rm A  
St. Louis, MO 63146



**Alliance Vision:** To create a community empowered to make positive choices through knowledge, skills and resources.

**Alliance Mission:** Engage the community to reduce youth substance abuse and risks of suicide by raising awareness and changing community norms.

**3:30 Attendance:** Ken Eigenberg (Pkwy. Parent), Mike Dressler (DeSmet Jesuit High), Cassie Eckmann (West County YMCA), C.J. Strohm (Bridgeway Behavioral Health), Amy Weiland (Crossroads Program), Mimi Holder (PSWMS), Kim Dressel (PSD), Monyee Wright (PSMS), George Herrera (St. Louis County Health Dept.), Jim Grotha (St. Louis County Police), Lori Krueger (NCADA), Jamie Headman (S.T.A.R.), JoAnn Kapp (S.T.A.R.), Ken McManus (AHC), Ron Ramspott (PSD HPE Coordinator)

**3:35 S.T.A.R.:** a Resource for Teen-led Mentoring and Education

Jamie Headman provided information about the teen-led program Supporting Teens at Risk (S.T.A.R.) [Starforteens.org](http://Starforteens.org). STAR is a non-profit organization seeking to work with students in public and non-public schools middle and high schools. STAR's mission is to facilitate teen-led forums that can provide open, safe opportunities for candid, informed discussions about challenging life topics. STAR services are available at no charge to area schools.

**4:00 Alliance for Healthy Communities' Partner Recognition**

Ken McManus, AHC Director, presented Amy Weiland with AHC's first Community Champion award. Amy received this recognition for her outstanding work in organizing the successful Marijuana Forum on January 23, 2014. Amy's diligence assured the success of this event and demonstrated the power of grass-roots initiative.



McManus shared further that the AHC Executive Board had agreed that establishing a means of regularly recognizing AHC, and other community members, for their contributions to advancing AHC's agenda of changing local conditions to improve community health. For this purpose, a Community Champion nomination form has been placed on AHC's website on the Community programs page ([ahc-stl.org](http://ahc-stl.org)).

**4:15 STARS Leadership Academy** to be offered to Public and Non-public 9th grade students March 28, 2014 Ron Ramspott, Coordinator Pkwy. SADF Programs

Ron Ramspott shared information regarding the March 28 **Stand Up 9!** Freshman leadership training event. This 1-day event is designed to facilitate leadership readiness in 9th grade participants and provide an orientation to drug-free leadership program involvement. **Stand Up 9!** Is open to public and independent school 9th grade students. For more information, contact Ron ([rampott@parkwayschools.net](mailto:rampott@parkwayschools.net)) or Ken McManus.

For More Information Contact

Ken McManus, Director

[kmcmanus@parkwayschools.net](mailto:kmcmanus@parkwayschools.net)

314-415-7015

**Next Meeting: March 4, 2014**



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4:25 **“Think Again...” Marches Forward: Marijuana Forum Recap and Next Steps in Campaign** *Amy Weiland, Crossroads Program*

Amy Weiland presented developing plans for AHC’s next contribution to the *Think Again...* marijuana community awareness campaign. On March 4, AHC , in collaboration with the Rockwood Drug-Free Coalition, will present *Hey Mom, Its ‘Only Pot’*. The program will be presented at Parkway South Middle School from 7 to 8:30 PM. In contrast to the January 23rd Marijuana Forum, this event will balance sharing personal stories with providing accurate, focused information. A large group presentation will be followed by small group break-out sessions which will be supported by area professionals. Flyers are being completed and will be available for distribution by mid-February. For more information contact Amy (thecrossroadsprogram@gmail.com) or Ken McManus.

4:35 **Skills and Assets Survey: AHC Members Create Profile of Individual Interests and Aptitudes for Deepening AHC Involvement** *Ken McManus, AHC Director*

AHC members in attendance completed a self-inventory providing information regarding their priorities for AHC participation, skills they can contribute to AHC operations and the likely areas of activity in which they foresee themselves participating. Individuals not in attendance will have the opportunity in the AHC March 4 meeting. Survey sheets are also available from Ken McManus.

5:00 **Adjourn– THANK YOU** for your attendance and support!

For More Information Contact  
Ken McManus, Director  
kmcmanus@parkwayschools.net  
314-415-7015

***Next Meeting: March 4, 2014***