



Alliance for Healthy Communities

April 1, 2014 Meeting Minutes

AHC 1st Tuesdays

12657 Fee Fee Rd.
St. Louis, MO 63146



Alliance Vision: To create a community empowered to make positive choices through knowledge, skills and resources.

Alliance Mission: Engage the community to reduce youth substance abuse and risks of suicide by raising awareness and changing community norms.

Attendance: Keith Robertson (STAR Enterprises), Monyee Wright (PSMS), Commander Kevin Scott (Ballwin P.D.), Officer Katie Exline (Town and Country P.D.), Dr. Mike Brennan (Barat Academy), Kim Dressel (PSD) Ken Eigenberg (Parkway parent), Leslie McCown (STAR), Mimi Holder (PSWMS), Dr. David McVey (Mercy Clinic), Lt. Buck Lancey (Manchester P.D.), Jean Sokora (Preferred Family Healthcare), Officer Jim Grotha (St. Louis County P.D.), Amy Weiland (Crossroads Program), Earl Barge (CAPY), Dr. Becky Warren (Fernridge High School), Joseph Hayes (Fernridge student), Mark Norwine (CHADS Coalition), George Herrera (St. Louis County dept. of Health), Jesse Lenz (Fernridge student), Jacinta Thomas (Fernridge student), Nigel Okello (Fernridge student), Ivy Cleveland (St. Louis university), Sue Kennedy (STAR Enterprises), Lori Krueger (NCADA), Ken McManus (AHC Director)

3:35 **Fernridge High School Student Panel** Fernridge High School Students

A team of four students from Fernridge High School presented information about their school. The students shared details regarding the academic structure of Fernridge, the dynamics of the smaller school community and each student shared their personal story of transformation as a result of attending Fernridge High School.

3:50 **AHC Updates** Ken McManus

1. **Medication Take-Back and Drop-box Location Cards:** The spring DEA sponsored medication take-back event is Saturday, April 26. For this event, AHC is distributing informational fliers through area pharmacies and is also providing pharmacies with tri-fold cards that provide community members with the locations of 24-hour medication drop-boxes at law enforcement offices across the region. A copy of the Take-Back flier was delivered with these minutes. *Thank you everyone who was able to assist with the distribution of the fliers and location cards to area pharmacies.*
2. **Hold the Date: Think Again Campaign, Dr. Christian Thurstone, May 5, 2014:** AHC is collaborating with coalitions across Missouri in coordinating a 5-day tour for nationally recognized physician and researcher, Dr. Christian Thurstone. Dr. Thurstone is highly respected for his research regarding the effects of marijuana use on developing youth. The tour will start on May 5th in the St. Louis region. On that date, Dr. Thurstone will present an afternoon program for professionals and an evening program for the community. Both of these programs will be hosted at the Chesterfield YMCA. Also, the afternoon program will be available as a webinar and applications are pending for the provision of professional healthcare CEUs. *A "Save the Date" flier is attached with the e-mail that delivered these minutes.*
3. **Community Assessment Progress:** Search Institute Attitude and Behavior Surveys have been administered to approximately 3000 students in the Parkway region, including two non-public high schools. Focus groups are being developed and will be implemented over the next several months. In addition to the expertise provided by Ivy Cleveland, AHC Evaluator from Saint Louis University, AHC has procured assistance from Dr. Will Winter of the University of MO-St. Louis Public Policy Research Center.
4. **St. Louis County Department of Health, Health and Resource Fair–** George Herrera of the St. Louis County Department of Health shared information about the April 12 Health and Resource Fair. *A flier about this event was distributed to AHC members and was delivered with these minutes.*

For More Information Contact

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Next Meeting: May 6, 2014



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4:10 **AHC Member Inventory and Future Recruitment** Ken McManus

AHC members in attendance worked in small groups to identify patterns in AHC capacity gaps based on the aggregate of 27 member inventories. Additionally, each group was asked to identify organizations or individuals possessing the resources necessary to fill these capacity gaps. These organizations/individuals and their contact information were documented and submitted to the AHC director for future project recruitment.

4:15 **AHC Community Assessment Focus Group Development**

Ken McManus, AHC Director

AHC members in attendance worked in small groups to prioritize the community sectors to be targeted in upcoming focus groups. Additionally, each individual and group was asked to articulate the important core questions they felt each of the sector groups should address.

4:30 **AHC Task Force Work Sessions** Task Force Leaders

AHC members in attendance broke into two task force groups: *Assessment/Evaluation* and *Knowledge and Information Sharing*. Ivy Cleveland led the *Assessment and Evaluation* task force in further discussing the sectors and core questions developed earlier in the meeting. Amy Weiland led the *Information and Knowledge Sharing* task force in further planning and discussion regarding the May Thurstone event.

5:00 **Adjourn– THANK YOU** for your attendance and support!

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