



Alliance for Healthy Communities

July 2, 2013 Minutes

AHC 1st
Tuesdays

Next Meeting
August 6, 2013



ALLIANCE FOR HEALTHY COMMUNITIES

Meeting Minutes July 2, 2013

Attendance: Diana Tate (Pkwy SADF), Sgt. Anica Jankowski (MO Army Nat. Guard), Jesse Walls (SLU Family and Community Medicine), Lori Krueger (NCADA), Ron Ramspott (Pkwy S.D.), Mark Whitsen (St. Louis County P.D.), Amy Weiland (CrossRoads Drug Abuse Program), Terri O’Leary (PCHS), Jim Grothe (St. Louis County P.D.), Earl Barge (RDFC/CAPY), Ken McManus (Alliance for Healthy Communities), Ashley Johnson (MO Army Nat’l. Guard), Michelle Perotta (Logos School), Danny Freiberger (PNHS), Shelley Freiberger (PNHS parent), Annie Spewak (PWHS), Bridget Spewak (PWHS parent), Rogelio Bonilla (PNHS), Teresa Bonilla (PNHS parent), Emily McCarter (PNHS), Celina Yim (PNHS), Terri O’Leary (PCHS), Kim Freiberger (PNHS), Debbie Hilke (Pkwy. SADF), Annette Polzin (Green Trails Elem.), Nikki Caldwell (PCHS), Rep. Sue Allen (MO House of Representatives Dist. 99), Stephanie Kolker (Logos School), Brian Hillhouse (PCHS), Victoria Bezzole (PWHS), Rep. Ron Hicks (MO House of Representatives Dist. 107), Ken Eigenberg (PSHS parent), Stacey Myton (PSD)

3:30 Welcome and Introductions Welcome to the many new faces around the table. **Thank you** for joining us!

3:35 Parkway Safe and Drug-Free Programs– An Overview

Debbie Hilke and Diana Tate, Pkwy. Safe and Drug-Free Coordinators

The Parkway School District sustains a multifaceted substance abuse prevention model that incorporates education and peer mentoring strategies– Parkway Safe and Drug-Free Programs (SADF). Involving high school students, grades 9-12, as mentor-educators, the five components of SADF reach students beginning in 5th grade (involving collaboration with the National Council on Alcoholism and Drug-Abuse) through high school. The following programs were identified as key components of SADF programming.

- ◇ **O2B Drug Free**
- ◇ **High School Heroes**– tobacco and marijuana prevention education. High School Heroes involves selecting and training 100 sophomores to teach lessons to 6th graders.
- ◇ **Peer Teaching**– character and alcohol prevention education. 200+ Juniors and Seniors facilitate four lessons to 7th grade students.
- ◇ **Packin 4 Now n L8r** (initiated in 1998)- Four lessons presented to 8th grade students about how their choices impact their health and lives. Program lessons focus on academics, relationships, personal health and the transition to high school.
- ◇ **Stars Academy** (Initiated in 2010)- Drug-free leadership academy for 9th grade students designed to build leadership and resiliency skills.
- ◇ **TryPOD (Try Putting Off Drinking)**- Alcohol prevention education taught to sophomores by junior and senior students.

3:45 14 Parkway Graduates Recognized for 4-Years of Drug-Free Service

MO Representative Ron Hicks (Dist. 107) and MO Representative Sue Allen (Dist. 99)

The Parkway class of 2013 included 14 students who had given 4-years of service to Parkway’s unique Safe and Drug-Free Programs. Representatives Hicks and Allen presented students in attendance with MO House of Representatives *Courtesy Resolutions* in recognition of these student’s important contribution to Parkway substance abuse prevention efforts. The fourteen students receiving these resolutions are:

PCHS:

Nicole Caldwell
Brian Hillhouse
Amanda Truong

PNHS:

Rogelio Bonilla
Daniel Freiberger
Connor Ladig
Noah Laster
Emily McCarter
Celina Yim

PSHS:

Allison Niedbalski

PWHS:

Victoria Bezzole
Quentin Jaleel Key
Annie Spewak
Gavin Tichy

Parkwaycoalition.org

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Safe and Drug-Free Honorees (back row, l-r) Rogelio Bonilla, Daniel Freiberger, Brian Hillhouse, (front row, l-r) Celina Yim, Nicole Caldwell, Emily McCarter, Victoria Bezzole and Annie Spewak with Representatives Ron Hicks (back left) and Sue Allen (back right)

Congratulations!!

THANK YOU for your service

4:10 Alliance for Healthy Communities Submits First Interim report

Ken McManus provided a brief summary of the coalition’s first interim progress report to our funder, the **MO Foundation for Health**. The essential messages in this first report are (a) we are on, or ahead of schedule with regard to all aspects of the funded action plan and (b) we are appropriately under budget given our “start-up” emphasis on building the infrastructure and partnerships necessary to implement community change initiatives. In this context, the coalition has generated 65 community level outputs reflecting organizational changes in policy or practice, engagement of the media, coalition provision of services and resources (capacities) generated. Documents distributed in the meeting illustrating these points are available on the coalition website.

4:20 Coalition Jeopardy

Sgt. Anica Jankowski, MO Army Nat’l. Guard

Coalition members participated in a spirited round of “Jeopardy” built upon the essential principles and constructs inherent in coalition work. The five Coalition Jeopardy categories were *Causal Factors, Strategic Prevention Framework, Needs Assessment, Coalition Evaluation, and Coalition Values*. Congratulations to the winning team: **Earl Barge, Ken Eigenberg, Diana Tate, Amy Weiland and Mark Whitsen**, whose “come-from-behind” victory was cause for considerable excitement. Thanks to all who, via smart phone apps, were able to access genuine Jeopardy sounds for our game.



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