



# Alliance for Healthy Communities

## September 6 2016 meeting agenda

### 3:30 to 5 PM, Parkway ISC

AHC General Mtgs.  
1st Tuesday/mo.  
3:30 to 5pm  
12657 Fee Fee



Alliance Vision: To create a community empowered to make positive choices through knowledge, skills and resources.

Alliance Mission: Engage the community to reduce youth substance abuse and risks for suicide by raising awareness and changing community norms.

#### 3:30 Welcome and Introductions

#### 3:40 Announcements

- **DFC Grant Award** Status report regarding AHC's 2016 application for funding participation in the federal Drug-Free Communities Grant Program
- **AHC's Community Resource List Now Available** As distributed with the meeting agenda, the AHC resource list is now available at our website, [ahc-stl.org](http://ahc-stl.org) on the important documents page.
- **St. Louis College of Pharmacy PSA Contest**
- **UPDATES:**
  - **Fall Medication Take-Back event: Saturday, October 22, 10-2; locations TBD**
  - **2016 Topic Calendar**
  - **2016 Homecoming Safe Celebrations plans**
  - **NCADA Calendar**

Ken McManus, AHC Director  
Lori Krueger, Regional Support Specialist

#### 3:45 *Assisting Recovering Teens in Reengaging With Life*

Theresa Henry, MSOT, OTR/L

That area youth receive the treatment they need for mental health and/or substance abuse disorders is a critical aspect of improving community health. However, teens reintegration into the schools, homes and communities can be a complicated and fragile process, prone to despair, confusion and relapse. Ms. Henry is an occupational therapist working in the Washington University Community Practice Department, a member of AHC's executive board and a Parkway parent. In the past year, she has been instrumental in the development of a new program for youth returning to their schools and lives after extended treatment involvement. Ms. Henry's presentation will review the program design while highlighting the critical needs of this "high risk" population.

#### 4:30 *AHC Modified SWOT Analysis*

Ken McManus, Director

Important data and feedback were gathered through a SWOT analysis during AHC's June general meeting that we have not yet been able to discuss and incorporate into a collective vision for the next year of our work. This segment of our meeting will be dedicated to completing that analysis and vision enhancement.

#### 5:00 *Adjourn- THANK YOU FOR YOUR ATTENDANCE AND SUPPORT*

## Next Meeting: October 4, 2016

### Topic: *Suicide: Dangerous Myths, Harsh Realities* *Gary Behrmann, Ph.D.*