

# HEALTH EDUCATION

**The Parkway District requires one-half credit of Health for high school graduation.**

## **HEALTH AND WELLNESS**

**077100**

Grades: 10

HEALTH EDUC

1/2 Health Credit

Prerequisite: None

Health & Wellness education is required for all students during their sophomore year. This comprehensive course includes the topics of personal wellness, nutrition, safety & first aid, disease prevention, human sexuality and healthy relationships, substance abuse & prevention, and community & environmental health. This course meets the 1/2 credit health education requirement for Missouri and Parkway high school graduation. This course is also available as a completely virtual/online course. Students who are interested should contact their counselor regarding the process for enrolling in an online course.