



Mercy Sports Medicine helps players get back in the game. Our certified athletic trainers and sports medicine physicians work as a team to prevent, diagnose and treat sprains, strains, fractures, and head injuries. We use the latest techniques and technologies to help athletes heal quickly, so they can do more of what they love.

### **The Mercy Sports Medicine: What makes us different?**

- Our sports medicine care team collaborates with you to design a customized care plan, and communicates with your primary care physician to ensure all your caregivers are up to speed on your care. And if you're a student athlete, we work closely with your school's athletic trainer to ensure the best quality of care.
- Our high level of coordinated sports medical care includes trained sports medicine physicians, orthopedists, certified athletic trainers, physical therapists and more.
- All of Mercy is connected through one electronic medical health record, which increases communication between caregivers and eases your path through the health care system. Our full circle of caregivers is unlike any other program in the area.

Learn more by visiting: [www.mercy.net/sportsmed](http://www.mercy.net/sportsmed)

### **Certified Athletic Trainer: On the sidelines at Parkway South High School**

Abigail Castillo, MS, LAT, ATC

**Phone:** (314) 415-7711

**Email:** [Abigail.Castillo@Mercy.net](mailto:Abigail.Castillo@Mercy.net)

#### **Hours at Parkway South High School:**

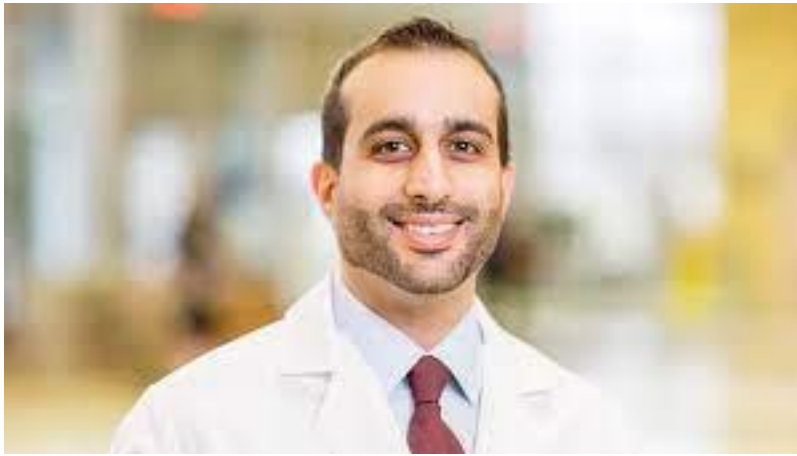
Monday – Friday: 1:30 p.m. – Last athletic event or practice of the day

Sat: Varies depending on the time of year

### **Mercy Clinic Sports Medicine:**



Brian Mahaffey, MD, MSPH, FAAFP



Husam Nawas, MD

**Creve Coeur Location:**

633 Emerson Rd., Suite 20  
Saint Louis, MO 63141  
**Office:** (314) 325-3068  
**Fax:** (314) 325-3069

**Hours of Operation:**

Clinic:  
Monday – Thursday: 8 a.m. – 5 p.m.

Sports Rehabilitation:  
Monday – Thursday: 8 a.m. – 6 p.m.  
Friday: 8 a.m. – 12 p.m.

**Ballwin Location:**

15945 Clayton Rd., Suite 210  
Ballwin, MO 63011  
**Office:** (636) 893-1360  
**Fax:** (636) 893-1362

**Hours of Operation:**

Clinic:

Friday: 8 a.m. – 12 p.m.

Sports Rehabilitation:

Monday – Thursday: 8 a.m. – 6 p.m.

Friday: 8 a.m. – 12 p.m.