

My name is _____

SMART Goals Map

S

Make it
Specific

What do you want to accomplish?

M

Make it
Measurable

How will you know when you have accomplished your goal?
How can you measure your work?

A

Make it
Attainable

How can the goal be accomplished? What steps will you take?

R

Make it
Relevant

Is this goal worth working hard to accomplish? Explain.

T

Make it
Time-
bound

When will the goal be accomplished?