

## 3rd Annual Parkway Fun Run Series



# Come Run For Fun!

**Parkway Fun Run Series When/Where:** The Parkway community is holding the third annual Fun Run Series to promote physical activity & family fun! Participate in one or all four of the fun runs. Complete the series and earn a fun run glow in the dark shirt.

- **Sat. 8/19 Pancake Run- at Parkway Central High** - run any distance on the track or band field (directly behind stadium) and have Chris Cakes pancake, sausage, and Tang breakfast. Run starts at 8:30am with breakfast being served from 8:30-10:30am
- **Tues. 9/5 Glow Run- at Parkway Central High** - run any distance on the track while having fun with assorted glow sticks, bracelets, or necklaces and music. One glow item provided with each registration. Run takes place from 8-9pm
- **Sat. 10/21 Costume Run - at Parkway West High School Track - Timed 2 mile run** between the high school track and attached subdivision in a school code approved costume; best costume prizes awarded to ages/grade levels PreK-2nd grade, 3rd grade-5th grade, 6th grade-8th grade, 9th grade-12th grade, and adult. Run starts at 8:30am and costume contest begins at 9:15am. Prizes awarded at 9:30am (Run before or after costume contest - run ends at 10am). Costume/attendance prizes will be drawn and awarded; must be present to win. Run takes place from 8:30-10am
- **Sat. 11/4 Turkey Run-at Parkway North High-** 2 mile **timed run** (Grades 9-Adult); 1 mile (grades 5-8); 1/2 mile (grades 3-4) and 1/4 mile (K-2) on Whispering Hills to Ross and back, Frozen Turkey prizes to age group winners! Staggered start times beginning at 8am. Awards immediately following event. Park in back corner or parking lot near tennis courts to access run route.

**Cost: \$35** per person for the series-includes entry to all 4 runs and short sleeve glow in the dark shirt or **\$15** per person per race (no shirt included). **Pre-registration for series through 8/19 ONLY to guarantee shirt; payment must be received at the first race.** Pre-registration is recommended for single runs, however there will be a registration table at each race if you decide you want to join the fun. **PARKWAY EMPLOYEE DISCOUNT: \$10 PER RACE OR \$25 FOR SERIES**

Register online at:

<http://tinyurl.com/2017ParkwayFunRunSeries>



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#### Parkway Fun Run Series Registration Form

One Registration per person. Please print and fill out one per person or register online at: <http://tinyurl.com/2017ParkwayFunRunSeries> (and pay at the race)

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

School: \_\_\_\_\_ Grade: \_\_\_\_\_ Parent/Guardian Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

**Cost: \$15/person for one run (shirt not included) or \$35 for the series/person - all four runs & includes a shirt & glow item**

**Checks Payable:** to Parkway School District. **Send/Turn in** with registration form(s) to Central High School attention: Judy Unash or to your school bookstore **\*\*If registering online bring registration fee to day of race or send to above with printed name & memo:Parkway Fun Run Series online reg.**

#### Runs (mark all that apply-or mark full series for all runs)

- Full Series    OR     8/19 Pancake Run-Central 8:30-10:30am  
 9/5 Glow Run-Central 8-9pm  
 10/21 Costume Run-West Timed: Starts 8:30am  
 11/4 Turkey Run- North Timed: Starts 8am

**T-Shirt Size**    Youth S    Youth M    Youth L    Adult S    Adult M    Adult L    Adult XL    Adult 2XL

**No t-shirt orders after August 19, 2017 (only included in series registration fee)**

As a participant in the Parkway Fun Run Series, I, for myself or as a guardian of below, my executor, administrators, and assigns do hereby release and discharge the event site, their management, their officers, members, sponsors, organizers, or their representatives and all cooperating businesses and organizations from all claims of damages, injury, demands, actions, and causes whatsoever, in any manner arising from my participation in this event.

- I give my full permission for the use of my name and photographs in these events.
- I give my full permission for such first aid as is deemed necessary to be provided to me on the premises or prior to transport to a medical facility for further treatment.
- I agree to obey all rules of the Parkway Fun Run Series.
- **NO REFUNDS** will be given.
- These events are family fun events and will only be timed at West and North runs..
- **NO** animals, bikes, rollerblades, skateboards, or scooters allowed.
- These events are tobacco and alcohol free events.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_